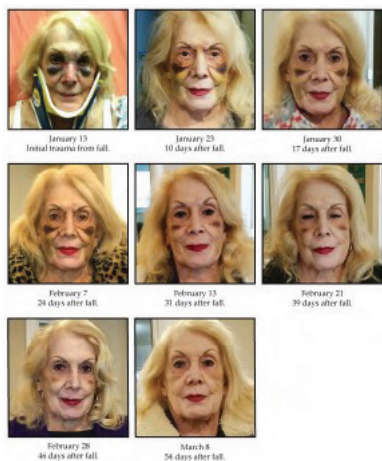


**1 tsp twice a day morning & bedtime for first 90 days**

## Eczema

- "I've had the pt. on **EZtrek®** for 6 months. Since then, she has had **no eczema flareups.**"
- "**Physician self-patient:** "I was suffering from **total body eczema**, some areas worse than others. I did a three-month treatment with **EZtrek®**, 2 teaspoons per day (2 doses) the first month, 1 daily dose months 2 and 3. **My eczema is 90% resolved ....**"

## Rapid Healing From Brutal Fall Ideal Prevention for At-risk Elderly Patients



"86-year-old patient experienced a significant bilateral orbitofrontal and nasal crushing injury in a fall. She incurred the anticipated bilateral upper and mid-facial swelling and ecchymosis but **surprisingly had much less nasal injury than expected, including no fractured/comminuted nasal bones or orbital rim/floor fracture**. Within 10 days, she demonstrated **remarkable resolution of the facial edema and bruising** and quickly thereafter eliminated the remainder over the ensuing weeks. So not only did it seem that her **facial soft tissues and bones were more resilient and the bones also not brittle**, but her **overall recovery was unusually expedited and uncomplicated.**"

—Geoffrey L. Robb, M.D., F.A.C.S. Professor / Past Chairman / Department of Plastic Surgery, The University of Texas MD Anderson Cancer Center, Houston, TX

## EZtrek® Sampling of Anti-Inflammatory Physician Reported Clinical Outcomes

Chronic INFLAMMATION is now known as the #1 cause of disease — from Heart Attacks — to Alzheimer's and even Cancer. Death results from a 1st heart attack without symptoms about 1/3rd of the time with no prior warning. Now, with the new Medical Food **EZtrek®** there is significant help against chronic inflammation. Although a small sampling, these Case Reports attest to the unique power and effectiveness of the new Medical Food, **EZtrek®**.

### Increased Energy

"I have been taking **EZtrek®** for one month. I have noticed that my energy has increased 30%, and mucous has subsided. I am putting my patients, as well as my children on the product."

### Lyme - Tick-related

"I have a patient taking **EZtrek®** for 1 month and her brain fog and mental clarity have greatly improved (a result of decreased inflammation of the brain). She has a number of problems such as Epstein-Barr, hypothyroid, Lyme, and post-Covid fatigue. Nothing else changed other than adding **EZtrek®**."

### Dementia / Alzheimer's

"85 years old. Diagnosable diseases are Dementia / Alzheimer's. She is completely immobile, and bed/wheelchair bound... She had rapidly declined since August of this year [2024]. Hospice accepted her...she had 6 months or less to live. [With **EZtrek®**] on December 23rd [4 months later]...they will remove her from the program, which is remarkable and encouraging! The only thing I have done is given her **EZtrek®**."

### Brain Injury

"I'm curious about **EZtrek®**, which John has taken since his last appointment. Before his brain injuries, John was a very good writer. Since then, it's been a struggle. He recently wrote 3 separate things to family members, and I was amazed at what he said and how he said it."

# Good For Health, Inc.

Exclusive distributor of **EZTREK® Medical Food**.



# EZtrek®

## Medical Food for Nutritional Support of an Impaired Delta-6 Desaturase Metabolic Pathway

www.GoodForHealth.org

## COPD / COVID Lung Impairment

- "...diagnosed with COPD over 10 years ago...stage 2. I also have a history of pneumonia over the years. I have been taking Albuterol for 10 years plus Symbicort and Prednisone... **When I started EZtrek®, within an hour, I could actually feel my lungs opening. I am no longer using my Albuterol. I have more energy and am able to walk without being winded. My blood pressure is normal and pain has reduced completely.**"
- COPD w / fibrosis (scarring) pt #2: "54-yr-old female. History of smoking less than 1 pack a day for 20 years. Diagnosed with COPD 3 years ago. Put on several medications. **History of Covid-19, which caused damage to lungs. Pneumothorax with collapsed lung that required hospitalization. CT showed significant scarring. Pulmonologist was guarded on any improvement, stating, 'Your case is grim.' She has labored breathing and required 24-hour oxygen... (She has only been on EZtrek® for one month.) She no longer requires oxygen and can now speak and move about without being winded. Nothing else changed other than adding EZtrek®.**"

## Reduced Inflammatory Markers

- C-reactive protein #1 (cancer patient) – "...3 high-sensitivity CRP tests conducted – June value was 1.4, mid-September was 1.8, and late November was 0.7. **The 0.7 value [61% decrease] represents approximately 3 ½ weeks of EZtrek® use.**"
- "C-reactive protein #2 (CHF patient) – "History of CHF, likely induced from Lyme, etc. Contributing is MTHFR. **High-sensitivity CPR test went from 1.5 to 1.1. The 1.1 value [27% decrease] represents 4 weeks of EZtrek® use.**"
- "Homocysteine – (CHF patient #2 above) – **Homocysteine decrease from 13 to 9 [31%] decrease after 4 weeks of EZTREK™ use.**"
- "72 y/o male with elevated PSA of 6.2 in 04/2021. Mold toxicity. Home is unremediated. 2 months with EZtrek®: rt posterior **lesion shrunk** from 0.9x0.7 cm to 0.7x0.6cm, a **33% decrease in area.**"

## Arthritis / Pain / Neuropathy

- "...knuckles and the swelling in her proximal interphalangeal and metacarpophalangeal joint of her hands and wrist were **reduced by 75%** since she has been taking 2 tsp of EZtrek® [morning / evening doses]..."
- "...4 knuckles on my fingers from osteoarthritis, and they are **slowly being reduced** by the use of EZtrek®."
- "I injured my back mid-2021... I started using EZtrek® and **within 7 days the muscle inflammation in my back subsided to the point that I moved freely without concern.**"
- "...using EZtrek® for one month, states that her energy is better, motivation is better, the **numbness and tingling she has throughout her body in the mornings due to an old neck injury, is nearly gone.**"
- "...issue is a nerve entrapment and inflammation in my right root due to a bike accident over 6 months ago. I also have some neuropathy in that foot and had a surgical procedure to remove 2 bone spurs. After the procedure I encountered a hematoma and much inflammation...experience a pulsation or twitch that doesn't seem to go away... **With trying the EZ treatment at the onset I found that my inflammation and nerve pain to decrease...**"
- "...92-year-old female fell – 3 fractures of hip: similar event 10 years prior. She had been taking EZtrek® for 6 months prior to falling. After 10 days skilled nursing, projected time to home using walker, was 6-8 weeks..."

## Breast Health

"...2 months ago, had 2 enlarged axillary lymph nodes, a swollen left breast duct, and 30% larger left breast. Today, there is **excellent bilaterally equal and normal (healthy) texture of breast tissue, no lymph node enlargement or breast swelling.** Only difference is that she has taken EZtrek® ...."

## Gout

**Physician self-patient:** "As a physician and surgeon personally using an oral preparation of the essential fatty acids per EZtrek® to facilitate treatment of inflammatory conditions (gout)... **Since starting EZtrek® I have never had another gout attack.**"



## Seizures / Non-Communicative

"An elderly woman in her early 90's had been having absence seizure-like activity for many years and would only communicate intermittently with her family... **After 1 month of taking EZtrek®, the woman started to speak more spontaneously...** She has maintained this improved behavior for many months. **The absence seizure -like behavior has stopped.**"

## Cardiovascular

- "Blood pressure consistently raising until approx. 178/93. Low salt diet stabilized BP @ 160/85. Patient still concerned. **Within 30 days of EZtrek® BP lowered near 126/69, which is consistently measured.**"
- "20-yr hypertensive; Norvac and Hydrochlorothiazide. BP reduced to 138/90. **When EZtrek® was added, after 3 months BP reduced to 126/75.**"
- Calcified plaque reduction — "Baseline non-contrast CT Agatston Score of 727 on 4/30/2021: Score reduced to 666 on 6/30/2022 [7 months taking EZ]. **This translates to an annualized calcified plaque reduction of 14.3%.**"
- "I'm 81 years old with numerous long-term based Lyme / Mold / Genetic inflammatory-related issues. My calcium score is zero (0)..."

## Neuropathy

Neuropathy (cancer patient): "52-yr-old Hispanic female. History of positive stage 4 breast cancer for 17 years. Mets to bone and liver. Spine, clavicle, rt femur. Chemo-induced neuropathy plus 3 years. **She has been on EZtrek® for 3 weeks and is having less problems with pain from neuropathy.** She reports more energy and feels stronger. **This is an exciting case as the scars underneath both arms are already getting softer.**"

