

## Physician & Health Care Professional Accolades

[The Vytorin Failure article] is the most informative article I have ever read on health. I'm using it every day of my life and with my clients. If you value your life, a healthy one, I suggest you read it. It is the only source of [scientifically based information about] unadulterated omega 6 and 3 available anywhere...

E.L. Miller, D.C., Ph.D.

Dear Brian, I am delighted to come across scientific work, which is of excellent quality and applicable. I have been on a low carbohydrate program for approximately 1 year now, but I have been aware that there was still something missing. Your program has filled in the blanks. What is amazing is how we in the medical profession, have ignored the obvious for so long. I have seen for myself remarkable results with your program.

Dr. Caroline Berry —Ireland, U.K.

A diet-controlled diabetic needs to go straight on Brian's program with no question. They will decrease the risk of progressing to tablets or insulin. THIS ADVICE SHOULD BE GIVEN TO ALL DIABETICS. All will find their Blood Pressure dropping, as well as their weight and blood sugars.

Dr. Andy Thompson —UK

HDL: 31, LDL: 109, Triglycerides: 221. After 6 months of Brian's Program: HDL: 42, LDL: 157, Triglycerides: 131. Never before could I raise my HDL. Impressive.

Robert Nemer, D.O. —Camdenton, MO.

Prof. Peskin eloquently explains why "something is wrong" in medicine today. My colleagues will appreciate his strong scientific approach. This chapter [*PEO Solution* Chapter 1] opens the door to solving America's obesity and diabetes epidemics through a new, insightful understanding.

Frederick Burton, M.D. —Internal Medicine, Director: The Burton Wellness & Injury Center

Many studies are not needed if something works. I admire your skill of detecting useless publications. Most of the public, including the educated ones like physicians, do not understand the difference between epidemiology/associations and scientific experiments. You point out the existence of bad science and explain how to sort it out from the good.

Macey Druzdzel, M.D. —General and Family Medicine Physician

This chapter [*PEO Solution* Chapter 3] is absolutely required reading for all physicians. Its implications are deep and wide ranging. The critical NNT [Number Needed to Treat] concept is an enlightening annihilator of statistical skulduggery. The author cogently offers his tool of Stat-Smart® analysis allowing for a true understanding of the statistical claims of published studies. We physicians need to know with certainty if our patients will significantly benefit from a given drug. Professor Peskin has shared the brilliance of his irrefutable analysis with us and we thank him.

Peter Gasperini, M.D. —Anesthesiology

This chapter helps us to rethink the role of PEOs in protein utilization. Through extensive research, chapter 4 really brings home some surprising conclusions on what you should eat, how to become lean-for-life, energized and disease-free. One of the signs of a good researcher is to go with the data rather than hold onto previously held concepts. In this chapter, Professor Peskin boldly does just that in a very transparent manner. He demystifies the protein equation in a very easy-to-understand style. He gets us to rethink protein using science and his particular easy-to-read writing style. One of the important points in this chapter is that protein can actually cause weight loss (with PEOs), and a protein-rich diet produces significantly better blood chemistry.

Charles S. Price, M.D. — Psychiatry

It was a pleasure meeting you at the Vegas A4M [American Academy of Anti-Aging Medicine] meeting. I used pharmaceutical grade fish oils for five years and had a number of problems with them. I developed easy bruising, felt tired, and had trouble getting rid of abdominal fat. I then switched to the Parent essential oils [PEOs]. I noticed immediately that my appetite decreased and was able to lose belly fat without having to fight cravings. Also, my exercise endurance increased when doing strength-training exercises and I did not get 'burning muscles' while working out. I have been extremely satisfied with PEOs. Thank you for your efforts in advancing this science and I look forward to your new advances.

Peter Bales, M.D. —Orthopedic Surgeon

This chapter [*PEO Solution* Chapter 5] provides insights I haven't seen anywhere else. This state-of-the-art 21st century medical science is indispensable to physicians. I have prescribed PEOs to patients for years and have seen exceptional results. This information gives physicians an arsenal of medical facts applicable to any specialty.

David Beaulieu, M.S., D.C. —Nutrition / Allergy (NAET) / Anti-aging Medicine

Prof. Peskin's recommendations are truly miraculous for my patients and are a significant factor in eliminating fattening carbohydrate (sugar) addiction. This discovery isn't just for beauty pageant contestants anymore; it's for everyone! What intrigued me was Prof. Peskin's unique view of Parent Essential Oils (PEOs). After I tried them, both my patients and I found his recommendations led to drastically increased energy and substantially decreased carbohydrate cravings.

Steven Cavallino, M.D. —Prolotherapy / Sports Medicine Specialist, Italy

Professor Peskin and Dr. Rowen have added solid proof, building on Peskin's previous work, that parent essential oils—PEOs—are the way to go when considering fatty acid supplementation.

Rob Krakovitz, M.D. —Preventive Medicine

I carefully and thoroughly read this chapter [*PEO Solution* Chapter 7]. I hope everyone does because this is a carefully laid out, proper, evidence-based discussion that requires full attention to understand. Congratulations to you. I know writing of this kind is difficult and time consuming, but you've done it.

Michael Broffman, Lac —Chinese medicine expert, Pine Street Clinic, San Anselmo, CA

There is an epidemic of misunderstanding of oils in the role of human health. The oft-repeated cliché that omega-6's are inflammatory and omega-3's are anti-inflammatory, dangerously misleads the public and physicians as well into thinking that one just needs to take more of one and less of the other. What is missing, critically so, is the understanding that both are needed for human health and that getting them in their purest and unoxidized form has far-reaching effects for human health. This chapter [*PEO Solution* Chapter 8] gives physicians the detailed information we need to know as it is under-publicized. I have seen remarkable success in the nutritional treatment of lupus, psoriasis, and atopic dermatitis by including a PEO-based approach into my regimen. While most effective nutritional plans for these conditions often focus on an oil-free diet as one aspect of the plan and therefore by default eliminate oxidized sources of oil, I have found that eliminating oxidized fats and incorporating natural unoxidized (unadulterated) sources of PEOs, especially in atopic dermatitis, speeds up the response to this nutritional approach dramatically. Prof. Peskin and Dr. Rowen are doing a great service by bringing to the forefront the dangers of oxidized fats and battling the nutritional cliché mentioned above that has taken root in both patient and medical circles.

Jonathan Carp, M.D. —Dermatologist

...Clients get better performance, faster recovery, and incredible, verifiable, health benefits, all at the same time. By adhering to the *PEO Solution* my numerous 50+ and older clients actually live the dream of the strength and muscularity of youth as well as excellent health...!

Christine Boss, RPh —Medicinal Chemist and Master Trainer

My mother and I have been following your Omega-6/-3 [PEO] protocol for almost seven years. I had a 70% occlusion in my right carotid artery back in 2000, which required surgical intervention. Seven years later, on your protocol, there is no evidence of any plaque or occlusion. My mother had a 50% occlusion in both carotid arteries seven years ago, and the occlusion is now down to 15–20% [requiring no intervention]. Both of us have elected not to use any statin drugs.

Amid Habib, M.D., F.A.A.P., F.A.C.E. —Pediatric Endocrinologist Diplomate of American Board of Pediatrics and Diplomate of A.B.P. Subspecialty Board of Pediatric Endocrinology

I would like to share my experience using PEOs with a patient who requested help with his pet dog, which was having chronic seizures. I came across an article on the effect of fatty acids (like PEOs) on seizures. [Note: this journal article discusses electrical activity in the brain. The PEO/membrane potential connection is discussed in the Scientific Support for chapter 6.] I prescribed a small amount of PEOs to the dog morning and evening with meals. I was surprised to hear that the seizures totally stopped after one week. I couldn't believe it myself! I should give all the credit to you. No words suffice to convey my sincere thanks to you for bringing this to the world. You have been a boon and hope for medicine of the future in the management of heart disease, cancer, neurological problems and chronic diseases. Thanks for everything.

Jagadish G. Donki, M.D. —Integrative Oncologist (Bangalore, India)

After personal success, I decided to expose my chronic pain population to this all-natural [PEO] supplement, specifically a patient of mine with brittle diabetes, borderline renal function, and severe mobility issues. At the end of one month, I'm happy to report her insulin use has declined, her skin heals better than it has in years and she was able to walk around the local mall without a walker for the first time in five years—a remarkable result in such a short time...my colleagues have continued to get great results following Prof. Peskin's EFA recommendations. After 20 years of frustratingly small improvements in patient outcomes with high side-effect rates, I finally have something with no side effects that gives me the big delta [difference] I want. Medicine may have to pay attention to this.

Dr. Jeff Matheson —Executive Medical Director CPM [Chronic Pain Management] Healthcare Clinics, Ontario, Canada

I had been taking high-dose fish oil for many years in an attempt to prevent C-V disease and retard inflammation. However, I noticed that my fasting blood sugars were always in the high range (100-115) and measurements of oxidative stress also reflected high levels. No one could explain it since my hemoglobin a1c always stayed low. Since switching to the parent EFAs (PEOs), as recommended in *The Hidden Story of Cancer*, my FBS came down to 84. My lipids also looked better than ever. I think many of our colleagues do not appreciate the dangers of high dose fish oil. Derivative EFAs like fish oil easily oxidize, and although some surrogate markers may improve, the final cost is still unknown. Thanks so very much for your book.

Ira L Goodman, M.D. —Ophthalmic Surgeon (retired), Holistic Medicine

To save your health and your life you must read [*The Hidden Story of Cancer*]. This information has transformed me, my practice and my patients. I have followed the information on essential fats for the past 25 years, but my patients did not see the results that the researchers reported. The discovery in this book makes sense and finally patients are reporting improvements. I hope other physicians will become aware of this groundbreaking information.

Abram Ber, M.D. —Homeopathic Physician/ Preventive Medicine

Physicians and their patients around-the-world owe you a big 'thank you.' As a family and integrative physician, I carefully read your book and articles paying close attention to your references. I am an enthusiastic supporter of your program. Dr. Atkins' first book started me on this path, and you provide the missing information—the missing links and scientific support—that eluded Dr. Atkins. I am strongly recommending this book to all my patients.

Angelo A. Della Pietra, M.D., D.O. —Family and Integrative Medicine

I was evaluating a middle-aged male patient in my office for noise-induced hearing loss. During his physical exam I noticed a skin scar on his neck over his left carotid artery. I surmised that he likely had surgery to remove plaque from the artery, to prevent a stroke, which proved to be the case. He had blockage in both arteries, this being the worst side, and was told to return to the medical center within three years for repeat tomograms to see if the other side would require a similar surgery. I jumped at the chance to prove your premise (detailed in *PEO Solution*) that proper EFAs could reverse atherosclerosis (arterial blockage).

I advised him to take 50% extra PEOs per day. He returned to the center for follow-up tomograms 18 months later and was told that the studies showed that the obstruction was nearly gone and didn't require surgery. They commented that this was the first time that they had observed this. Dr. Kagan's remarkable results presented in the Scientific Support for chapter 6 showed similar finding.

About the same time, a classmate friend of mine—a surgeon in his seventies—called me from California and told me he was in chronic congestive heart failure. He had previously suffered two heart attacks and had undergone triple-bypass surgery with three stents placed.... Thanks to you and your PEO discovery, he is back to playing golf, walking the course. All medical professionals need to know the material in *PEO Solution*.

Kelvin Lindgren, M.D. —Clinic for Optimal Health

Brian Peskin has done a marvelous job of elucidating Dr. Otto Warburg's discovery in easy understandable terms [*The Hidden Story of Cancer*]. In all my medical reading pertaining to cancer, this is the first time I have understood the ultimate cause of cancer. A 'must read' for doctors.

Joseph J. Formica, M.D. —General Surgery

...Very well researched with complete list of references. Wording is very simple and easily understood, yet thorough. Everyone should read [*The Hidden Story of Cancer*] and follow the recommendations.

F. Hajjar, M.D. —Pediatric Cancer Specialist

This eye-opening book [*The Hidden Story of Cancer*] presents the most thoroughly researched nutritional anticancer program that I have ever seen. My patients have also noticed how their energy levels have rapidly skyrocketed by following the book's simple-to-follow program.

Clive Fields, M.D. —Family Practice

Peskin follows the Nobel Prize-winner Otto Meyerhof (a Warburg protégée) by brilliantly bringing engineering into the fields of physiology and biochemistry. His anticancer discovery is worthy of a Nobel Prize.

Charles Jannuzi —Articulatory Phonology, University of Fukui, Japan

I refused to endorse any specific nutritional supplements until reading this book [*The Hidden Story of Cancer*]. Peskin's discovery has completely changed my view on supplement recommendations; especially as it pertains to what the human body demands and requires. Every chiropractor needs to incorporate this discovery.

Richard Thompson, D.C. —Family Practice

The most insightful quantum nutritionist of our age brings us the most insightful nutritional cancer discovery of the 21<sup>st</sup> century! No one else is even close to matching his deep insight and understanding.

Robert Nemer, D.O. —Cosmetic Laser Physician

I bought your magnificent book [*The Hidden Story of Cancer*] a few weeks ago and I couldn't stop reading it! It is well written and easy to read. As a scientist in the heart regeneration field in Boston, Massachusetts, I really believe you have done a great job encapsulating, integrating and advancing the huge amount of data in the field of cancer and related topics. It was almost impossible to do, but you did it!

Serge Gregoire, Ph.D. —Massachusetts General Hospital (Harvard)

[*The Hidden Story of Cancer*] Impeccable research and novel insights of sheer genius. Brian's accomplishment is singular—no groups, no public money, only elegant science showing how proper use of EFAs is the missing link for practical application of Otto Warburg's discovery. This knowledge is priceless for your future health.

Brian N. Vonk, M.D. —Board certified: Internist, Cardiologist, and Radiologist

In the last ninety-three years, there have been only two monumental works that have succeeded in explaining the actual cause and treatment of cancer: No. 1 is *The Metabolism of Tumours*, written by Nobel Prize-winning German physician and scientist, Otto Warburg, M.D., Ph. D., and published in Germany in 1910. No. 2 is Professor Brian Scott Peskin's *The Hidden Story of Cancer*, which details a scientific breakthrough that explains Dr. Warburg's research and introduces new science that will prevent cancer.

Bernardo C. Majalca, N.D. —Stage Four Cancer Researcher & Consultant

I am forever indebted to you for clarifying the new concepts about the use of balanced parent omega-6 and omega-3, and their derivatives. I will spread this word to the many thousands suffering statin damage. Your science is state-of-the-art, compelling, and unimpeachable.

Duane Graveline M.D., M.P.H. —Former USAF Flight Surgeon, Former NASA Astronaut, Author of *Statin Damage Crisis*

I previously wrote you about the remarkable cause / effect relationship in reversing plaque volume in a (smoking) patient taking conventional treatment (i.e. statins, aspirin, Co-Q10, etc.). In reading over [the patient's] scans I have never seen such a remarkable result. When he [the patient] stopped the PEOs the plaque came back. As you can see, for the first time from 2007 to 2008, the volume of plaque decreased from 39 to 30, which is a decrease of 22% when annualized on a yearly basis. I have never seen a decrease of coronary artery plaque volume by more than 5% in one year.

*Robert Kagan*, M.D. —Radiologist, Former Chairman of the Board of Nuclear Medicine Resource Committee of the College of American Pathologists / Past President of the Florida Association of Nuclear Physicians / President Clinton appointee as the sole physician commissioner on the White House Fellowship Commission

*PEO SOLUTION* is a book that MUST be read by all health professionals. The information is very rich and very clear. Doctors and our family also have health problems and the information will help us to personally have a better quality of life along with our patients. Dr. Robert Kagan's awesome report/testimony showing radiological image change for the benefit of patients with the use of PEOs is most impressive. (There is no doubt of the immense benefit of the Parent Essential Oils—PEOs.) Thank you for making surgeons aware that even with the continued use of PEOs, bleeding during and after surgery remains normal and the recovery is better. Professor Peskin and Dr. Rowen, thanks so much for sharing your experiences with all of us looking for new knowledge as 'Nutrients (like PEOs) are the natural vaccine.' With esteem and respect,

José Roberto López Olivares, M.D. —Anti-aging/Integrative Medicine, El Salvador

Thank you, Brian for your support and hard work. The information you have shared with me has been extremely valuable to the practice of medicine. Understanding biochemistry and the real science of medicine is so critical for all of the physicians who practice medicine like myself I know that my brothers and sisters who practice medicine long for this information. They are weary of being distracted by pseudo-research hype. By understanding the biochemistry of medicine doors are opened, and true cost-effective medical options can be given to our patients. True health care reform begins from the physician down with the sharing of knowledge not guided by the financial motives of a handful of wealthy drug companies. Through your work and sharing may we all grow together in the service of others. Thank you, brother!

David J Foscue, M.D. —Family Practice

Hello Brian. Thank you for your journal article, the “Why Fish Oil Fails to Prevent or Improve CVD: A 21st Century Analysis.” I have just been re-reading it. I compliment you on your masterful treatment of the subject. All the information as presented is understandable to the layperson, scientist, and physician. The same meticulous attention has gone into *PEO Solution*. Great job!!!!

David Sim, M.D. —Interventional Cardiologist

Einstein said: ‘Intellectuals solve problems, geniuses prevent them,’ and ‘You have to learn the rules of the game. And then you have to play better than anyone else.’ No one exemplifies this better than Dr. Rowen and Prof. Peskin. This book [*PEO Solution*] should be mandatory reading for all healthcare professionals and is recommended to anyone interested promoting good health. It is vitally important that we understand equally what is beneficial and what is toxic as it relates to what we ingest. This book certainly spells that out. The references are abundant and concise... Thanks for the enormous research.

Daniel C. Fry, D.C, F.I.A.C.A.