



Cholesterol-Lowering Drugs “Called into Question,” Again...

Once again, cholesterol-lowering drugs are being “called into question.” While these multi billion dollar drugs are able to lower cholesterol, they are incapable of helping you achieve good health. If you already follow my work you already know this and most importantly; you know what the solution really is.

After reading the following, you’ll understand how drug companies manipulate both physicians and their patients with apparently no conscience.

I thank cardiologist David Sim, M.D. for sending me the following information on January 18, 2008, from the news section within the American College of Cardiology publication. These articles are from a wide variety of news organizations.

Clinical News

“Benefits of cholesterol drugs may be overstated.

Business Week (1/17, Carey) reported that “Americans are bombarded with the message from doctors, companies, and the media that high levels of bad cholesterol are” to blame for potentially life-threatening cardiovascular events. **Consumers are told that statins “are the most potent weapons in the “struggle” to reduce LDL cholesterol. However, a number of “researchers harbor doubts about the need to drive down cholesterol levels in the first place.”** The article discusses one Lipitor (atorvastatin) ad which claims that the drug “reduces the risk of heart attack by 36 percent...in patients with multiple risk factors for heart disease.” The 36 percent figure however, has an asterisk. The ad’s small print points out, “That means in a large clinical study, three percent of patients taking a sugar pill or placebo had a heart attack compared to two percent of patients taking Lipitor.” Therefore, the “number needed to treat (or NNT) for one person to benefit is 100.” Business Week continues, **“That NNT was determined in an industry-sponsored trial using carefully selected patients with multiple risk factors.” However, “the only large clinical trial funded by the government...found no statistically significant benefit.”**

Life-Systems Engineering Science analysis: We aren’t told that medical researchers question the use of statins. And we certainly aren’t told, nor are physicians that AT BEST only 1 person in 100 benefits from statin use (an insignificant 1%). Furthermore, these results are from the drug company. When an impartial experiment was done statins were shown to be WORTHLESS, and in many cases harmful when you consider the side affects.

“Schering-Plough CEO says more data needed to make decisions regarding Vytorin. Bloomberg (1/18, Pettypiece) reports that according to Fred Hassan, Chief Executive Officer of Schering-

